

2026/27 CLUB INFORMATION

GENERAL - The Club was originally founded in June 1983 for NALGO (now UNISON) Trade's Union members, however in January 1994 previous membership restrictions were removed and the Club name changed. The Club is an affiliate member of Connected Voice and stages events throughout the year. There is both a Saturday & Sunday walk each month; one or two weekend trips are arranged each year; and we have an annual week trip. When selecting the locations of walks, the Club Committee have tried to cater for the varying standards and capabilities of our 59 members; however, the nature of the terrain is such that we have to assume that both members and invitees/guests have a **reasonable level of fitness** as a minimum (see grading guidance below).

GRADING GUIDANCE - Sunday Walks are usually graded Leisurely or Moderate. Saturday Walks are graded either Leisurely/Moderate for suggested lower-level routes or Strenuous/Technical for suggested higher-level routes.
Leisurely - walks for those with a reasonable level of fitness and ideally a little country walking experience. May include unsurfaced rural paths. Walking boots and warm, waterproof clothing are recommended;
Moderate - walks for those with country walking experience and a good level of fitness. May include some steep paths and open country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential;
Strenuous - walks for experienced fell-walkers with an above average level of fitness. May include hills and rough country, and may be at a brisk pace. Walking boots and warm, waterproof clothing are essential;
Technical - walks for experienced and very fit fell-walkers with additional technical skills. May require scrambling and use of ice axes or crampons.

SATURDAY WALKS - We meet in the car park of Gateshead Civic Centre for departure to various destinations in the north of England. Transport is predominantly by way of Club Arranged Car-Pooling/Car-Sharing in order to reduce carbon emissions, allow those totally reliant on public transport to participate and relieve pressure on extremely limited parking at most of the walking venues. Over the summer months, a Denton Travel minibus is usually provided as minibuses leave a significantly lower carbon footprint per passenger than any other form of public transport. Both high and lower-level routes are usually suggested; new or inexperienced members are requested to carefully consider which route they will best be able to safely complete in view of the terrain, fell and weather conditions and the hours of daylight - **if in any doubt, please choose the lower-level walk**. We usually break our homeward journey for about half an hour with a fish and chip stop. Over the Summer months we usually arrive back at Gateshead Civic Centre by 21.00; in Winter we arrive back much earlier as walks are obviously more restricted by the hours of daylight.

2026 Saturday Events			
31 st January	Craster/Low Newton	18 th July	
28 th February	Osmotherly (NY Moors)	15 th August	
28 th March	Hadrian's Wall	5 th September	
25 th April	HaltwhistleYorkshire Dales	3 rd October	
23 rd May		31 st October	
20 th June		28 th November	

Bookings open two calendar months in advance of any Saturday walk involving use of a Denton Travel minibus and can be made either by email to CivicWalker@Gmail.COM or other Club approved electronic communication system(s). If notification of a cancellation is received at any time prior to 08:00am on the morning of the walk and it is still possible to fill all seats in all Club transport, the fare will be waived/refunded. If notification of cancellation is not received, unfortunately the full fare will remain due. Bookings open one calendar months in advance of any Saturday walk involving car-sharing from Gateshead Civic Centre car park. For those insisting upon making their own travel arrangements, a 'meet up @ venue' booking may be made either by email to CivicWalker@Gmail.COM or other Club approved electronic communication system(s).



2026 Sunday Walks			

Bookings open one calendar month in advance of any Sunday walk and can be made either by email to CivicWalker@Gmail.COM or other Club approved electronic communication system(s). In line with all Club events, the Club will attempt, whenever possible, to allocate bookings on a 'first come, first served' basis.

WEEKEND TRIPS - For weekend trips we invariably hire self-catering cottages, although we occasionally stay in youth hostels or camp. Walks are usually planned on the day after studying a map and the local weather forecast.

2025 Weekend Events			
Eskdale Lodges	10th-12th October		

Margaret Andison, John Costello, Lynn Ford, Ailie Langston, Gordon Stephenson, Ian Storey, Karen Telfer, Lucy Topping & Ronnie Willison spent 3 nights (Friday 10th, Saturday 11th & Sunday 12th October) in Field End & Woodbank lodges @ £99.50 per member. There were lots of high, medium and low-level walks in this beautiful area of the Lake District plus the Boot Inn was only two miles away.

WEEK TRIPS:

2026 Week Events			
Patterdale	14 th to 21 st March	Cologin Farmhouse, Oban	9 th to 16 th May

Patterdale 14th March 2026 for 7 nights - Anne Marie Forster, Neil Waite, Ian Goodman, Natalie Goodman, Lynn Boyle, Liz Beech, Lucy Topping, John Costello, Ronnie Willison & Lynn Ford will be spending 7 nights in Drey & Hollow Lodges at a cost of £137.50 per member.

Scottish Trip - Oban [Sat 9th May 2026 for 7 nights] - Ellen Morrison, Mike Morrison, Lynn Ford, Ronnie Willison, Ian Storey, Jean Walker, Steve Walker, John Costello, Lucy Topping & Malcolm McVey will be staying in Cologin Farmhouse at a cost of £236.50 per member (inclusive of a refundable £20 breakage deposit).

COMMITTEE MEETINGS - These are held at least every six months in Gateshead Civic Centre.

2026 Committee		
Officers		Other Members
Secretary	Graeme Page	Evelyn Brown
		Lynn Ford
		Anne Marie Forster
Assistant Secretary	Ania Retkowska	Roger Smith
		Ian Storey

NAVIGATION - New or inexperienced members are more than welcome to accompany the more experienced members on walks that take place during Club events. However, for those with little experience of navigation it is advisable, for member's own safety and enjoyment, to use Club walks to learn and/or develop navigational skills. Experienced members will always be ready to give help and advice about navigation during Club walks.

SHOPPING - Privileged shopping facilities (usually 10%) are available to members at NevisSport, 100 Grainger Street, Newcastle.

MAP READING - A map is a representation, on flat paper, of the three-dimensional features of the earth. Some members boast that given a map of some part of the country, they can scan a part of it and have a mental picture of the landscape it represents. This is possibly an exaggeration. The map certainly details the bones of the landscape, the flesh is left to the imagination. The Club has some experienced map-readers, however that task is invariably left to them. This is unwise; everyone should take a turn! Map reading is important as it is the key to enjoying the countryside. Anyone who lacks this easily acquired skill is denied an essential freedom.

CLOTHING, EQUIPMENT and PREPARATION - Safety, efficiency and comfort should be your guide. Clothing should be warm, comfortable, windproof, waterproof and colourful. The longer and higher the route, the better the equipment which is required.

Winter conditions (i.e. any time when there is snow, ice or frozen turf underfoot), plus the reduced daylight hours, can transform a pleasant summer stroll into an epic journey and paths normally posing no real dangers or problems can change overnight. It is obviously essential, in such conditions, that the correct equipment is carried and clothing worn.



- € Obtain a local weather forecast with fell conditions.
- € Learn how to use a compass, read a map and administer simple first aid.
- € Walk in company - it is safer and more enjoyable.
- € Start the day with a cooked breakfast.

€ Plan your route beforehand, balancing the terrain, the hours of daylight, the fell and weather conditions against your own experience and ability. You should allow at least 1hr for every 4km [2.5 miles] of your route plus 1 minute for every 10m contour line crossed during ascent.

€ Allow a large safety margin and always anticipate the worst.

€ Ensure that other party members are adequately clothed and equipped and that no one is overburdened.

€ Before you set off leave precise written details of your party, intended route (with possible variations) and expected time of return with a responsible person.

INSURANCE - The Club have both Employer's (£10,000,000) & Public (£1,000,000) Liability Insurance. Such cover specifically excludes any Club activities involving the use of "ropes".

To Whom It May Concern
Gateshead Civic Walking Club



COMMUNITY GROUPS, CHARITIES AND TRUSTEES

COMBINED INSURANCE CERTIFICATE



This is to confirm that we are the insurance advisers for the above organisation and arrange the following cover on their behalf:

THIS IS TO CERTIFY that in accordance with authorisation granted under the Certificate Number stated below to the undersigned by Markel International Insurance Company Ltd (hereinafter "Underwriters"), which shall be supplied on application by reference to the Binding Authority Number MKL201601, and in consideration of the premium specified herein, the Underwriters are hereby bound to insure in accordance with the terms and conditions herein or endorsed hereon.

Employers Liability
 Insurers : Markel International Insurance Co Ltd [Scheme]
 Policy Number : SC2100F240YR/1/564
 Limit of Indemnity : £10,000,000
 Renewal Date : 15/01/2027

Public/Products Liability
 Insurers : Markel International Insurance Co Ltd [Scheme]
 Policy Number : SC2100F240YR/1/564
 Limit of Indemnity : £1,000,000
 Renewal Date : 15/01/2027

SCHEDULE

CERTIFICATE NUMBER:	SC2100F240YR/1/564
Assured:	Gateshead Civic Walking Club
Period of Insurance:	15/01/2026 to 14/01/2027
Sum(s) Insured and	As stated in the Schedule of Sum(s) Insured and
Limits of Indemnity:	Limit(s) of Indemnity
Premium:	£75.00 (+ IPT @ 12% = £9.00) = £84.00
Fee:	£30.00

Signed :  Dated: **16 December 2025**

In Witness whereof this Certificate has been signed by 

On behalf of Markel International Insurance Company Ltd. Dated: **16 December 2025**

Access Insurance Services | Seisdon House | 212-220 Addington Road | South Croydon | London | CR2 8LD
 t 020 8651 7420 e insure@accessinsurance.co.uk www.accessinsurance.co.uk
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 Access Insurance Services is a trading name of Access Underwriting Limited.
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FURTHER INFORMATION REQUIRED? - Please



CivicWalker@Gmail.COM



CONSTITUTION (Effective – 19th February 2026 - subject to General Meeting confirmation)

1) TITLE - The title of the Club will be “Gateshead Civic Walking Club”.

2) OBJECTIVES - The objectives of the Club will be: “To encourage and enable members to participate in hill-walking events utilising, whenever possible, minibus/car-sharing (*‘Club Provided Transport’*) from the Civic Centre to minimise carbon emissions, allow those totally reliant on public transport to participate and relieve pressure on extremely limited parking at most of the walking venues”.

3) MEMBERSHIP

3.1 Membership will be open to all persons aged 18 years or over. During an initial financial year ending 31st March, prospective members may attend up to **two** Club organised Saturday or Sunday events as a *‘guest’* before being required to submit an application for membership in order to facilitate, if approved by the Club Committee, continued participation in organised Club hill-walking events for the remainder of that financial year. Prospective members must submit a guest participation form to facilitate, if sanctioned by the Club Committee, participation in any organised Club hill-walking event.

3.2 Applications for membership will be made in writing on the form provided for that purpose and signed by the candidate. The candidate’s election to membership will be subject to the agreement of the Club Committee.

3.3 Membership of the Club will expire on 31st March at the end of each financial year, after which a new application for membership may be submitted.

3.4 The Club Committee will have power to close membership if it is deemed necessary.

3.5 The Club Committee will have power to suspend the membership of any member who offends against the Constitution or bylaws of the Club or whose conduct, in the opinion of the Committee, renders them unfit for continued membership.

4) SUBSCRIPTIONS

4.1 The cost of annual subscription will be **£5**. The Club Committee will however have power to revise the cost of subscription after 30th September each financial year.

4.2 Members who are elected as Officers will not be liable for the cost of subscription.

5) MANAGEMENT

5.1 The management of the Club will be vested in a Committee, which will consist of: Secretary, Assistant Secretary (together called *‘the Officers’*) and up to **six** other members.

5.2 All members of the Club Committee will be elected at the Annual General Meeting and, subject to termination of office by resignation or otherwise, remain in office until successors are elected at the next Annual General Meeting.

5.3 The Club Committee will have power to fill any casual vacancy which may occur.

6) BOOKING REQUIREMENTS

6.1 Bookings for an organised Club hill-walking event will only be accepted when made either by e-mail to CivicWalker@Gmail.COM or other Club approved electronic communication system(s). Any member or *‘guest’* failing to make a booking either by e-mail or other Club approved electronic communication system(s) will not be allowed to participate in that organised Club hill-walking event.

6.2.1 Bookings in respect of a Saturday event involving the use of a minibus will only be accepted from a member or *‘guest’* up to a maximum of two calendar months in advance of each Saturday event.

6.2.2 Full payment in respect of a Saturday event involving the use of a minibus must be received by the Club within three working days of the booking.

6.2.3 A member or '*guest*' either volunteering to use their private vehicle for car-sharing purposes ('*Offer a Lift from Civic*') or requiring car-sharing transportation from the Civic Centre ('*Require a Lift from Civic*') may make a booking up to a maximum of one calendar month in advance of each Saturday/Sunday event.

6.2.4 Seats in all '*Club Provided Transport*' (i.e. minibus or private vehicle being used specifically at the request of the Club) will be allocated on a '*first come, first served*' basis. In the event of all available seats in all '*Club Provided Transport*' being allocated, a reserve list will be created and the Club will, if numbers permit, attempt to arrange additional '*Club Provided Transport*'.

6.2.5 A member or '*guest*' may elect to make their own '*meet up at venue*' travel arrangements. However, a booking must still be made with the Club up to a maximum of one calendar month in advance of each Saturday/Sunday event.

6.2.6 The driver(s) of all '*Club Provided Transport*' from the Civic Centre will equally share all associated fuel and parking costs with those travelling in each vehicle.

6.2.7 Any member or '*guest*' subsequently wishing to cancel a booking must do so either by e-mail to CivicWalker@Gmail.COM or other Club approved electronic communication system(s) as specified in the booking confirmation ('*Due Notification*'). No other method of cancellation will be considered valid.

6.2.8 If '*Due Notification*' is received in respect of a Saturday event involving the use of a minibus and it is subsequently possible to fully allocate all seats on all '*Club Provided Transport*', no payment will be required and any payment received will be refunded in full by BACS transfer on receipt by the Club of the '*guest*' or member's bank sort-code and account details. In all other circumstances the fee will remain payable in full.

6.3.1 Bookings for either a Club organised Week or Weekend event will only be accepted when made either by e-mail to CivicWalker@Gmail.COM or other Club approved electronic communication system(s). The '*initial payment*' required in order to confirm the booking should ideally be received by the Club within three working days. Once in receipt of the required '*initial payment*', each Club member will, in the event of subsequent cancellation, remain liable for the full total cost of each bed unless it is possible to fully allocate all beds in all Club organised accommodation. The Club therefore suggest that participants should ideally invest in a suitable holiday cancellation insurance policy.

6.3.2 If instalment facilities are required in respect of a Club organised week or weekend event, a **£5** per participant administration fee will be levied.

6.4 If the Club cancels an event for any reason, a full refund will be given.

6.5 The Club Committee shall have the absolute discretion to agree to a refund/non-payment of fees in exceptional circumstances. These would include (but are not limited to) where a member or '*guest*' has a serious injury or illness that prevents them participating in an organised Club hill-walking event or suffers a bereavement.

7) SAFETY REQUIREMENTS

7.1 Members and '*guests*' intending to participate in an organised Club hill-walking event must ensure that they have made a booking and must also provide, on the day, full written details of their intended route (with possible variations), the name and telephone number of a person to be contacted in an emergency and sign to confirm that they agree to abide by the Club Indemnity and safety bylaws. The Club also recommend that members and '*guests*' should carefully consider whether they have the necessary ability and experience to safely complete their intended route in view of the terrain, fell and weather conditions and the hours of daylight.

7.2 Members and '*guests*' must wear strong boots with good grips and carry the following items of clothing and personal equipment in a well-fitting rucksack: spare warm clothing, full set of waterproofs, torch, whistle, emergency rations and a survival bag. An ice axe must also be carried if winter conditions are likely to be encountered. In addition, each group of walkers must have access to at least one map, compass and basic first aid kit for the entire walk.

7.3 Members and '*guests*' must wear a seat belt when travelling to an organised Club hill-walking event in '*Club Provided Transport*'.

8) ALTERATIONS TO THE CLUB CONSTITUTION - The Club Committee will have power to alter the Constitution of the Club, but no such alteration will take effect until confirmed at a General Meeting.

9) BYLAWS - The Club Committee will have power to make bylaws for regulating the conduct and affairs of the Club, provided that they are not inconsistent with the Constitution of the Club. Such bylaws will be notified to and be binding on all members.

10) ANNUAL GENERAL MEETING

10.1 The Annual General Meeting will be held not later than 31st March each financial year in order to transact the following business:-

10.1.1 to receive and, if approved, adopt a statement of the Club's Accounts to the end of current financial year;

10.1.2 to consider and, if approved by a majority of two-thirds of those members present and voting, sanction any duly made alteration to the Constitution of the Club;

10.1.3 to appoint the Secretary, Assistant Secretary and other members of the Club Committee;

10.1.4 to deal with any motions which either the Club Committee or members wish to bring before the meeting;

10.1.5 to consider making an appropriate Club donation to the **Lake District Search and Mountain Rescue Association (LDSAMRA)** having due regard to the current state of the Club's finances.

10.2.1 All proposed alterations to the Constitution of the Club, motions to be considered at the meeting and nominations for the Officers and Committee must be made on the form provided for that purpose and be received by the Secretary by the due date. Motions received after this date may still be considered at the meeting, subject to the prior agreement of the Club Committee.

10.2.2 At least seven days notice will be given to members of the date, venue and agenda items for the Annual General Meeting.

10.2.3 In the absence of any Officers and Club Committee nominations being received from members by the due date, the Secretary will call a General Meeting in order to consider a resolution for the dissolution of the Club.

11) SPECIAL GENERAL MEETING

11.1 A Special General Meeting will be convened by the Secretary within one calendar month of the receipt of a written requisition signed by at least three members, for any of the following purposes:-

11.1.1 to consider and, if approved by a majority of two-thirds of those members present and voting, sanction any duly made alteration to the Constitution of the Club;

11.1.2 to deal with any motions which either the Club Committee or members wish to bring before the meeting;

11.1.3 to remove any member or members of the Club Committee from office and to fill any vacancy or vacancies caused by such removal;

11.2 At least seven days notice will be given to members of the date, venue and agenda items for the Special General Meeting.

12) CHAIRPERSON'S CASTING VOTE - At Club Committee and General Meetings those present will elect one of their number to be Chairperson. The person so elected will have a casting vote in the event of an equality of votes.

13) POSTAL VOTE - If a member is unable to attend a General Meeting where a ballot is required, a postal vote will be accepted, provided it is made on the form provided for that purpose and it is received by the Secretary by the due date.

14) QUORUMS

14.1 At Club Committee meetings (except for the purpose of expulsions when five members will form a quorum) three will form a quorum.

14.2 At General Meetings ten members will form a quorum.

15) INDEMNITY

As a condition of membership of Gateshead Civic Walking Club and of participation in its activities, members agree and acknowledge:-

15.1 That it has been brought to their attention that many of the Club's activities take place in steep, exposed mountainous or otherwise potentially hazardous terrain;

15.2 That any children or other legally incapacitated persons who attend the Club's activities at a member's invitation, remain that member's responsibility throughout and he or she agrees to indemnify the Club Committee and all others involved in the organisation or leadership of Club activities (*'the Organisers'*) against all liability arising by virtue of that member's *'guests'* participation in the same;

15.3 That *'the Organisers'* do not hold themselves out as having any special or particular skills or experience and do not bear any responsibility for members or member's *'guests'* safety;

15.4 That *'the Organisers'* shall not be under a duty to effect or maintain insurance cover in respect of death or injury to members or *'guests'* nor loss of or damage to their property arising from participation in Club activities;

15.5 That both members and *'guests'* are responsible for ensuring that they are properly equipped and clothed for each Club activity;

15.6 That members and *'guests'* participate in all Club events in the knowledge of all the above facts and in so doing acknowledge that they are a volunteer for the attendant risks and that no liability for death, injury or damage to property arising from members or *'guests'* participation will attach to *'the Organisers'*.

16) DISSOLUTION OF THE CLUB - If at any General Meeting a resolution for the dissolution of the Club is passed by a majority of three-quarters of the members present and voting, the Club Committee will immediately, or at such future date as may be specified in such resolution, proceed to realise the property of the Club and, after discharge of all liabilities, will divide such property by way of a donation to one or more Registered Charities which share similar Aims and Objectives to that of the Club ("encourage and enable participation in organised hill-walking events") and/or the Lake District Search and Mountain Rescue Association (LDSAMRA). On the completion of such discharge, the Club will be dissolved.

17) HEADINGS - The Club Constitution headings are for ease of reference only and will not be taken into account in their interpretation.



2026/27 MEMBERSHIP APPLICATION FORM

FULL NAME

HOME ADDRESS

POST CODE

[Home]

[Mobile]

[Work]

EMAIL ADDRESS

Home



Work



Club news will be circulated electronically. However, the very latest Club information may also be viewed and/or downloaded from the Club's Website <http://www.civiewalker.org.uk>. Email correspondence (including bookings) may be forwarded to Club Committee members for administrative purposes.

Person to be contacted in an emergency

Name

Address

Relationship

Details of your [Mobile] together with your emergency contact will appear on event Attendance Sheets.

Have you a medical condition of which the Club should be made aware?

YES/NO

If **Yes**, give details:

If you have access to a car, would you be prepared, if necessary, to use it on one or more occasion per financial year as *Club Provided Transport* from the Civic Centre to reduce carbon emissions, allow those totally reliant on public transport to participate and relieve pressure on extremely limited parking at most of the walking venues?

YES/NO

Annual Subscription Fee (expires 31/03/27)

£5

TOTAL {Cheques to be made payable to **Gateshead Civic Walking Club**}.

£5

Sort code: 52-30-44 Account number: 46159282 {Reference = your full name}

I am aware that my photograph or video image may be taken whilst attending or participating in Club walks or activities connected with the Club and by signing this form, I consent it being used by the Club for items like newsletters, event reports or on the Club website or social media channels.

I AGREE TO ABIDE BY THE CLUB CONSTITUTION AND HAVE NOTED THE CLUB INDEMNITY AND SAFETY REQUIREMENTS OVERLEAF.

SIGNED

DATE

Return completed Membership Application Form {and payment} electronically (scan or photo) to CivicWalker@Gmail.COM (A mailing address can be supplied upon request). Election to Membership is subject to the agreement of the Club Committee.

CLUB INDEMNITY AND SAFETY REQUIREMENTS

As a condition of membership of Gateshead Civic Walking Club and of participation in its activities, members agree and acknowledge:-

- ① That it has been brought to their attention that many of the Club's activities take place in steep, exposed mountainous or otherwise potentially hazardous terrain;
- ② That any children or other legally incapacitated persons who attend the Club's activities at a member's invitation, remain that member's responsibility throughout and he or she agrees to indemnify the Club Committee and all others involved in the organisation or leadership of Club activities (*'the Organisers'*) against all liability arising by virtue of that member's *'guests'* participation in the same;
- ③ That *'the Organisers'* do not hold themselves out as having any special or particular skills or experience and do not bear any responsibility for members or *'guests'* safety;
- ④ That *'the Organisers'* shall not be under a duty to effect or maintain insurance cover in respect of death or injury to members or *'guests'* nor loss of or damage to their property arising from participation in Club activities;
- ⑤ That members are responsible for ensuring that they and their *'guests'* are properly equipped and clothed for each Club activity;
- ⑥ That members and *'guests'* participate in all Club events in the knowledge of all the above facts and in so doing acknowledge that they are a volunteer for the attendant risks and that no liability for death, injury or damage to property arising from members or *'guests'* participation will attach to *'the Organisers'*.
- ⑦ Members and *'guests'* intending to participate in an organised Club hill-walking event *must* ensure that they have made an e-mail or phone/text booking and must also provide, on the day, full written details of their intended route (with possible variations), the name and telephone number of a person to be contacted in an emergency and sign to confirm that they agree to abide by the Club Indemnity and safety bylaws. The Club also recommend that members and *'guests'* should carefully consider whether they have the necessary ability and experience to safely complete their intended route in view of the terrain, fell and weather conditions and the hours of daylight.
- ⑧ Members and *'guests'* *must* wear strong *boots* with good grips and carry the following items of clothing and personal equipment in a well-fitting *rucksack*: spare warm *clothing*, full set of *waterproofs*, *torch*, *whistle*, *emergency rations* and a *survival bag*. An *ice axe must* also be carried if winter conditions are likely to be encountered. In addition, each group of walkers *must* have access to at least one map, compass and basic first aid kit for the entire walk.
- ⑨ Members and *'guests'* *must* wear a *seat belt* when travelling to an organised Club hill-walking event in *'Club Provided Transport'*.

Guest Participation Form

	SECTION A: GUEST DETAILS (Please complete all details in block capitals.)		
	First Name		Surname
	Mobile ☎		eMail
	Home Address		
Emergency Contact		Emergency Tel ☎	

SECTION B: MEDICAL INFORMATION

Please detail below any important medical information that our event coordinator should be aware of (e.g. epilepsy, asthma, diabetes, allergies, etc.) Please do not leave blank - if there is no information please write 'None'.

* I consent to my special category personal data provided in section B to be shared with the event coordinator for the purposes of the delivery of my safe participation in club activity. This data will not be shared or processed for any other purpose.

SECTION C: PHOTOGRAPHY & VIDEO CONSENT (AGED 18 OR OVER)

I am aware that my photograph or video image may be taken whilst attending or participating in Club walks or activities connected with the Club and by signing this form, I consent it being used by the Club for items like newsletters, event reports or on the Club website or social media channels.

SECTION E: Disclaimer

I wish to participate on this walk organised by Gateshead Civic Walking Club. I wish to state that I have suitable clothing and equipment. I declare that I am fit and that I do not have any health issues that would inhibit my ability to complete the walk safely. Gateshead Civic Walking Club recognises that hill walking and rambling are activities with a danger of personal injury or death. By signing this form, I accept these risks and take responsibility for my own actions and involvement.

Date		Signature		Print Name	
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As a condition of participation in all Gateshead Civic Walking Club events, guests must agree and acknowledge:-

- ❶ That it has been brought to their attention that many of the Club's activities take place in steep, exposed mountainous or otherwise potentially hazardous terrain;
- ❷ That guests agree to indemnify the Club Committee and all others involved in the organisation or leadership of Club activities (*'the Organisers'*) against all liability arising by virtue of that guest's participation in the same;
- ❸ That *'the Organisers'* do not hold themselves out as having any special or particular skills or experience and do not bear any responsibility in respect of guests' safety;
- ❹ That *'the Organisers'* shall not be under a duty to effect or maintain insurance cover in respect of death or injury to guests nor loss of or damage to their property arising from participation in Club activities;
- ❺ That guests are responsible for ensuring that they are properly equipped and clothed for each Club activity;
- ❻ That guests participate in all Club events in the knowledge of all the above facts and in so doing acknowledge that they are a volunteer for the attendant risks and that no liability for death, injury or damage to property arising from guest's participation will attach to *'the Organisers'*.