

Bolam Lake & Shaftoe Crags - A circuit around Bolam Lake from Boathouse Wood car park (NE20 0HG) makes a fine 6½-mile (with 540ft of ascent) **YELLOW** walk exploring the wider countryside. Nearby are the impressive sandstone and heath outcrops of Shaftoe Crags, a superb viewpoint across rolling landscape towards Wallington.

